

What is the dose of Renavit®?

Always take the dose that has been prescribed for you by your doctor. The usual Renavit® dose is one tablet daily, swallowed whole, and not chewed. Try to make it a habit of taking it after your dialysis treatment and at that same time on non-dialysis days. If you are unclear about dosing ask your doctor, pharmacist, dietitian or nurse.

What are the side-effects of Renavit®?

There are usually no undesirable side-effects after taking Renavit®.

Reporting of side effects

If you get any side-effects, talk to your doctor, pharmacist, dietitian, or nurse. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard

Renavit® is a prescription product and only available from a pharmacy as a 100 tablet pack

For patients who have been prescribed

Renavit®

Film coated tablets of water soluble vitamins (B & C)

A more detailed patient information leaflet is inside each box of Renavit® tablets.

Please read it carefully.



Tablets not actual size.



If you require any information from the supplier:
visit www.stanningleypharma.co.uk
email info@stanningleypharma.co.uk
Call Stanningley Pharma Ltd on **0115 9124253**

Why do renal patients need additional vitamins?

Vitamins are essential for health and the functioning of all the cells of your body.

Additional water soluble vitamins are required by dialysis patients because:

1. the dialysis process that removes waste products from the bloodstream also removes water soluble vitamins.
2. dietary restriction reduces the vitamin intake.
3. soaking of vegetables before cooking removes many water soluble vitamins.
4. other medications and disease processes can reduce vitamin absorption into the blood or can increase your daily requirement.



What is Renavit®?

Renavit® is a multivitamin tablet specifically designed for renal patients. Renavit® contains water soluble vitamins that are essential for healthy living.

What is in Renavit®?

Renavit® contains all 9 water soluble vitamins at specified levels to meet your daily recommended allowance.

Vitamin	Notes
B1 Thiamine	Helps cells produce energy from carbohydrates, helps nervous system work properly.
B2 Riboflavin	Helps cells produce energy, supports normal vision and healthy skin.
B3 Niacin	Helps the body use sugars and fatty acids, helps cells produce energy, helps enzymes to function.
B5 Pantothenic acid	Helps body produce energy and metabolise protein, fat and carbohydrates.
B6 Pyridoxine	Helps the body make protein, which is then used to make cells, also helps make red blood cells.
B8 Biotin	Helps cells produce energy and metabolise protein, fat and carbohydrates.
B9 Folic Acid	Helps make DNA for new cells, works with vitamin B12 to make red blood cells.
B12 Cobalamin	Helps make new cells, maintains nerve cells, works with folic acid to make red blood cells.
C Ascorbic acid	Helps the body absorb iron, manufacture collagen, form and repair red blood cells, bones and other tissues, maintains healthy gums and heals cuts and wounds, helps to maintain the immune system.

Renavit® does not contain fat soluble vitamins A, D, E and K as patients with renal failure do not generally require supplementation. Elevated levels can even be harmful, so do not take additional vitamin supplements without prior consultation with your doctor, pharmacist, dietitian or nurse.